

TAKING REFLEXOLOGY INTO THE 21 ST CENTURY WITH SCIENCE AND EVIDENCE BASED PRACTICE

POST GRADUATE WORKSHOP CONDITIONED RESPONSE REFLEXOLOGY

Exploring the Biology, Psychology and
the Physiological effects of Chronic
Stress on the Body

REGISTER NOW

MAY 5, 2021- HERLEV

9:00 - 16:00

7 RAB points

REGISTRATION FEE: 1990 DK

Nordea. Reg.nr 2275 6888140393



**YOU'LL NEVER THINK ABOUT STRESS
THE SAME WAY EVER AGAIN**



With the same dynamic teaching skills as CRR©
for Reproductive Health, Vera guides you
through the specific systems of your body in
the search for the biological effects of stress on
our health.

This is a hands-on course where you implement the
basic CRR© protocol with specific techniques and
strategies

At the end of this course you'll have an innate
understanding of the biology, physiology and
psychology of stress while having learned
strategies that you can incorporate into your
practice and your own life

- Cardio-Vascular system
- Metabolism and Digestive tract
- Child development
- Reproductive System
- Immune System
- Pain
- Depression
- Managing stressors

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